

# Summer 2017

## JULY

4th - Independence Day Party

12th - Suffolk Obedience Therapy Dog Show

18th - Ice Cream Social

25th - 14th Annual CSHL Symposium - Immunotherapy & Cancer: The Latest Research

26th - Super Hero Day

## AUGUST

2nd - Curtain Call Performance of "We'll Be Famous"

14th - Spa Day

16th - Summer Olympics Residents vs. Staff

30th - Lemon Day

## SEPTEMBER

8th - St. Johnland Gala honoring The Ann Eden Woodward Foundation, Judy and Pat Woods

8th - Suffolk County Golden Games

### Contact us:

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## A Note From Our CEO & Administrator

This is the time of the year that we look forward to a relaxed pace and enjoy the beautiful summer weather.

Graduations seem to mark the end of the "hustle and bustle" of the school year – and St. Johnland is no exception. Each September St. Johnland University starts up with educational programs provided by staff and volunteers on a variety of topics from music to Marilyn Monroe to Long Island beaches and lighthouses. We have just celebrated our resident graduation ceremony. One of the residents commented that "I feel proud of myself and my accomplishments. Life is a journey and if you are fortunate enough to live a long life, you too can graduate, maybe for the first time!" This is just one of the many programs we offer that are enjoyed and appreciated by our residents.



Enjoy the summer,

*Mary Jean Weber*

## 151st Anniversary Gala

This year's Gala will be held on September 8<sup>th</sup> at the Huntington Country Club and will be honoring The Ann Eden Woodward Foundation, Judy and Pat Woods, Trustees. The event will include cocktails, dinner and dancing. For information please call 631 663-2457.

## 14th Annual CSHL Symposium on Immunology & Immunotherapy

St. Johnland is planning the 14<sup>th</sup> Annual Symposium at Cold Spring Harbor Laboratory to be held on July 25<sup>th</sup> at 7:00pm. This year's topic is Immunotherapy & Cancer: The Latest Research. The Symposium is co-sponsored with Cold Spring Harbor Laboratory with support from Northwell Health and U. S. Trust. To register for this free program please contact Cathie Wardell at 631-663-2457 or [cwardell@stjohnland.org](mailto:cwardell@stjohnland.org).

## St. Johnland Therapy Recognition

The Rehabilitation Department is proud to receive the HealthPro 2016 Excellence Achievement Award, one of only 25 teams to be selected across the country. The award highlights compliance advocacy on evolving regulatory requirements that is crucial to serving our residents and patients and providing positive outcomes. Our outstanding St. Johnland team of 21 physical, occupational and speech therapists attend regular training sessions and integrate core values in their every-day practice assisting 300 long and short term residents and adult daycare participants.

## Summer Barbeque

Once again, St. Johnland will be giving the residents an opportunity to enjoy the sunshine and BBQ food on a weekly basis! Every Friday during the summer, residents are escorted to our courtyard by St. Johnland staff and served a delicious lunch prepared by our chefs. Each unit has special dates for their barbecues. Some of the delicious menus included hot dogs and sauerkraut, hamburgers and BBQ chicken. There is always an ice cold dessert served to cool down from the beautiful sunshine! Fridays quickly become the favorite day for many residents due to the opportunity to eat outside! There is nothing better than listening to great music and smelling food cooking on the grill!



## Upcoming Activities

### Super Hero Day

Staff and residents will dress as their favorite Super Hero or create their own on Wed., July 26<sup>th</sup>. Anyone who dresses up will be automatically put in a raffle to win movie passes.

### Curtain Calls

We invite you to come to see “We’ll Be Famous” on Wed., August 2nd at 2:30pm in the RDR. It is a comedy about two friends who go to a hypnotist and what unfolds when it is predicted that one friend “will be famous”!

### Lemon Day

Summer is about sunshine and Wed., August 30<sup>th</sup> is Lemon Day and all about everything yellow. We encourage everyone to dress in yellow and enjoy a refreshing lemon ice as we play “Lemon” word games and learn all about lemons.

## Suffolk County Golden Games

The Suffolk County Golden Game Association is hosting the 14<sup>th</sup> Annual Golden Games, an athletic competition for seniors residing in nursing homes. This all-day event will be held at the YMCA in Patchogue on September 8th. Opening ceremonies begin at 10:00 a.m. Families are encouraged to come and support our team and cheer them toward Gold! St. Johnland, along with 12 other nursing facilities from across the county, will compete in five events. Team events include wheelchair relay, volleyball and bowling tournaments. Distance throw and basketball are individual events. Our residents have been participating since 2006, and have been practicing hard this year to bring home some new medals. Let’s go St. Johnland!



## National Nursing Home Week

National Nursing Home Week is a nationwide week long celebration that recognizes residents and patients in long term and post-acute care settings, and the dedicated staff members in those facilities. This year’s theme was “Spirit of America”.

Our Recreation Therapy Director Carolyn, her staff and volunteers led the residents in a wonderful week-long event called “Welcome to New York”. The residents “travelled” around our beautifully transformed dining room, experiencing the music, culture and famous sites of New York such as Coney Island, Wall Street, Jones Beach, Grand Central Station, Broadway and the Bronx Zoo. They watched a movie about Coney Island while being served hot pretzels. Virtual Reality goggles gave the residents a 360° view of beautiful sea life and a bird’s eye view of some of our country’s beautiful scenic mountains.

The week included a “USA Spirit Game Day” during which the residents played “St. Johnland Family Feud”. Many questions dealt with the American patriotic theme. The laughter from all was the best part of the game! There was a culinary experience featuring “Chef Frank”, who enticed our palates with the American food favorite of bacon cheeseburger sliders. During our resident/staff fashion show, the models showed off their designer outfits on the runway. The week was capped off with an “American Music Festival” featuring blue grass, country and folk music made famous in the USA.

## Red Nose Day

The St. Johnland staff joined in the Red Nose Day festivities and helped raise money for children and young people living in poverty by simply having fun and making people laugh.



## Stay Connected...

Please join our email list!  
Contact Joanne at  
[jnielsen@stjohnland.org](mailto:jnielsen@stjohnland.org) or visit  
[www.stjohnland.org](http://www.stjohnland.org) to sign up!